

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 1 Thursday PM Distance

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 10 & Under 400 Freestyle	28	4u	04:00 PM _____
Finals	2 Boys 10 & Under 400 Freestyle	21	3u	04:26 PM _____
Finals	3 Girls 11-12 400 Freestyle	31	4u	04:45 PM _____
Finals	4 Boys 11-12 400 Freestyle	30	4u	05:07 PM _____
Finals	5 Girls 11-14 1500 Freestyle	26	4u	05:30 PM _____
Finals	6 Boys 11-14 1500 Freestyle	35	5u	06:51 PM _____
	Swimmers Counts for Warm-ups: 171	=====	=====	
	Entry / Heat Totals:	171	24	
	Finish Time			08:27 PM _____

Session: 2 Friday Preliminaries 11-14

Day of Meet: 2 Starts at 08:20 AM Heat Interval: -15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	7 Girls 11-12 50 Breaststroke	38	5u	08:20 AM _____
Prelims	8 Boys 11-12 50 Breaststroke	31	4u	08:23 AM _____
Prelims	9 Girls 13-14 100 Breaststroke	45	6u	08:24 AM _____
Prelims	10 Boys 13-14 100 Breaststroke	44	6u	08:31 AM _____
Prelims	11 Girls 11-12 200 Freestyle	42	6u	08:37 AM _____
Prelims	12 Boys 11-12 200 Freestyle	31	4u	08:51 AM _____
Prelims	13 Girls 13-14 200 Freestyle	52	7u	09:00 AM _____
Prelims	14 Boys 13-14 200 Freestyle	41	6u	09:14 AM _____
Prelims	15 Girls 11-12 100 Butterfly	37	5u	09:25 AM _____
Prelims	16 Boys 11-12 100 Butterfly	28	4u	09:31 AM _____
Prelims	17 Girls 13-14 100 Butterfly	47	6u	09:35 AM _____
Prelims	18 Boys 13-14 100 Butterfly	36	5u	09:40 AM _____
Prelims	19 Girls 11-12 200 Backstroke	35	5u	09:44 AM _____
Prelims	20 Boys 11-12 200 Backstroke	35	5u	09:58 AM _____
Prelims	21 Girls 13-14 400 IM	38	5u	10:12 AM _____
Prelims	22 Boys 13-14 400 IM	43	6u	10:38 AM _____
Finals-S	23 Girls 11-12 400 IM	26	4u	11:08 AM _____
Finals-S	24 Boys 11-12 400 IM	2	1u	11:31 AM _____
Finals-S	25 Girls 13-14 400 Medley Relay	12	2u	11:36 AM _____
Finals-S	26 Boys 13-14 400 Medley Relay	12	2u	11:46 AM _____
Finals-S	27 Girls 11-12 400 Medley Relay	11	2u	11:56 AM _____
Finals-S	28 Boys 11-12 400 Medley Relay	5	1u	12:07 PM _____
	Swimmers Counts for Warm-ups: 353	=====	=====	
	Entry / Heat Totals:	691	97	
	Finish Time			12:12 PM _____

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 3 Friday 10&U Timed Finals

Day of Meet: 2 Starts at 01:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 10 & Under 100 Butterfly	21	3u	01:05 PM	_____
Finals	30 Boys 10 & Under 100 Butterfly	22	3u	01:11 PM	_____
	Break: 10 Minutes:				
Finals	31 Girls 10 & Under 50 Breaststroke	27	4u	01:27 PM	_____
Finals	32 Boys 10 & Under 50 Breaststroke	22	3u	01:32 PM	_____
	Break: 10 Minutes:				
Finals	33 Girls 10 & Under 200 Freestyle	35	5u	01:46 PM	_____
Finals	34 Boys 10 & Under 200 Freestyle	27	4u	02:03 PM	_____
	Break: 10 Minutes:				
Finals	35 Girls 10 & Under 50 Backstroke	33	5u	02:26 PM	_____
Finals	36 Boys 10 & Under 50 Backstroke	25	4u	02:33 PM	_____
	Break: 10 Minutes:				
Finals	37 Girls 10 & Under 400 Medley Relay	12	2u	02:49 PM	_____
Finals	38 Boys 10 & Under 400 Medley Relay	11	2u	03:03 PM	_____
	Swimmers Counts for Warm-ups: 104	=====	=====		
	Entry / Heat Totals:	235	35		
	Finish Time			03:18 PM	_____

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 4 Friday Finals 11-14

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 11-12 50 Breaststroke	16	2u	05:30 PM	_____
Finals	8 Boys 11-12 50 Breaststroke	16	2u	05:34 PM	_____
Finals	9 Girls 13-14 100 Breaststroke	16	2u	05:38 PM	_____
Finals	10 Boys 13-14 100 Breaststroke	16	2u	05:43 PM	_____
Finals	11 Girls 11-12 200 Freestyle	16	2u	05:48 PM	_____
Finals	12 Boys 11-12 200 Freestyle	16	2u	05:55 PM	_____
Finals	13 Girls 13-14 200 Freestyle	16	2u	06:03 PM	_____
Finals	14 Boys 13-14 200 Freestyle	16	2u	06:10 PM	_____
Finals	15 Girls 11-12 100 Butterfly	16	2u	06:16 PM	_____
Finals	16 Boys 11-12 100 Butterfly	16	2u	06:21 PM	_____
Finals	17 Girls 13-14 100 Butterfly	16	2u	06:26 PM	_____
Finals	18 Boys 13-14 100 Butterfly	16	2u	06:31 PM	_____
Finals	19 Girls 11-12 200 Backstroke	16	2u	06:36 PM	_____
Finals	20 Boys 11-12 200 Backstroke	16	2u	06:44 PM	_____
Finals	21 Girls 13-14 400 IM	16	2u	06:52 PM	_____
Finals	22 Boys 13-14 400 IM	16	2u	07:05 PM	_____
Finals-1	23 Girls 11-12 400 IM	8	1u	07:18 PM	_____
Finals-1	24 Boys 11-12 400 IM	8	1u	07:25 PM	_____
Finals-1	25 Girls 13-14 400 Medley Relay	8	1u	07:32 PM	_____
Finals-1	26 Boys 13-14 400 Medley Relay	8	1u	07:39 PM	_____
Finals-1	27 Girls 11-12 400 Medley Relay	8	1u	07:45 PM	_____
Finals-1	28 Boys 11-12 400 Medley Relay	8	1u	07:52 PM	_____
	Swimmers Counts for Warm-ups: 188	=====	=====		
	Entry / Heat Totals:	304	38		
	Finish Time			07:59 PM	_____

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 5 Saturday Preliminaries 11-14

Day of Meet: 3 Starts at 08:20 AM Heat Interval: -8 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	39 Girls 13-14 200 Medley Relay	12	2u	08:20 AM	_____
Finals-S	40 Boys 13-14 200 Medley Relay	11	2u	08:31 AM	_____
Finals-S	41 Girls 11-12 200 Medley Relay	10	2u	08:41 AM	_____
Finals-S	42 Boys 11-12 200 Medley Relay	5	1u	08:46 AM	_____
Prelims	43 Girls 13-14 200 Butterfly	50	7u	08:48 AM	_____
Prelims	44 Boys 13-14 200 Butterfly	39	5u	09:06 AM	_____
Prelims	45 Girls 11-12 200 Butterfly	21	3u	09:18 AM	_____
Prelims	46 Boys 11-12 200 Butterfly	19	3u	09:26 AM	_____
Prelims	47 Girls 13-14 50 Freestyle	68	9u	09:34 AM	_____
Prelims	48 Boys 13-14 50 Freestyle	45	6u	09:37 AM	_____
Prelims	49 Girls 11-12 50 Freestyle	47	6u	09:39 AM	_____
Prelims	50 Boys 11-12 50 Freestyle	43	6u	09:41 AM	_____
Prelims	51 Girls 13-14 200 Breaststroke	46	6u	09:44 AM	_____
Prelims	52 Boys 13-14 200 Breaststroke	36	5u	10:01 AM	_____
Prelims	53 Girls 11-12 100 Breaststroke	36	5u	10:14 AM	_____
Prelims	54 Boys 11-12 100 Breaststroke	19	3u	10:21 AM	_____
Prelims	55 Girls 13-14 100 Backstroke	37	5u	10:25 AM	_____
Prelims	56 Boys 13-14 100 Backstroke	41	6u	10:31 AM	_____
Prelims	57 Girls 11-12 50 Backstroke	29	4u	10:39 AM	_____
Prelims	58 Boys 11-12 50 Backstroke	35	5u	10:42 AM	_____
Prelims	59 Girls 13-14 400 Freestyle	44	6u	10:45 AM	_____
Prelims	60 Boys 13-14 400 Freestyle	40	5u	11:13 AM	_____
Prelims	61 Girls 11-12 200 IM	49	7u	11:36 AM	_____
Prelims	62 Boys 11-12 200 IM	40	5u	11:54 AM	_____
Finals-S	63 Girls 13-14 200 Freestyle Relay	12	2u	12:08 PM	_____
Finals-S	64 Boys 13-14 200 Freestyle Relay	11	2u	12:11 PM	_____
Finals-S	65 Girls 11-12 200 Freestyle Relay	10	2u	12:15 PM	_____
Finals-S	66 Boys 11-12 200 Freestyle Relay	5	1u	12:19 PM	_____
	Swimmers Counts for Warm-ups: 384	=====	=====		
	Entry / Heat Totals:	860	121		
	Finish Time			12:21 PM	_____

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 6 Saturday 10&Under Timed Finals

Day of Meet: 3 Starts at 01:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Girls 10 & Under 200 Medley Relay	12	2u	01:05 PM	_____
Finals	68 Boys 10 & Under 200 Medley Relay	10	2u	01:13 PM	_____
	Break: 10 Minutes:				
Finals	69 Girls 10 & Under 50 Freestyle	33	5u	01:30 PM	_____
Finals	70 Boys 10 & Under 50 Freestyle	35	5u	01:36 PM	_____
	Break: 10 Minutes:				
Finals	71 Girls 10 & Under 100 Breaststroke	21	3u	01:51 PM	_____
Finals	72 Boys 10 & Under 100 Breaststroke	19	3u	01:58 PM	_____
	Break: 10 Minutes:				
Finals	73 Girls 10 & Under 200 IM	32	4u	02:14 PM	_____
Finals	74 Boys 10 & Under 200 IM	30	4u	02:29 PM	_____
	Break: 10 Minutes:				
Finals	75 Girls 10 & Under 200 Freestyle Relay	12	2u	02:53 PM	_____
Finals	76 Boys 10 & Under 200 Freestyle Relay	11	2u	02:59 PM	_____
	Swimmers Counts for Warm-ups: 92	=====	=====		
	Entry / Heat Totals:	215	32		
	Finish Time			03:06 PM	_____

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 7 Saturday Finals 11-14

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	39 Girls 13-14 200 Medley Relay	8	1u	05:30 PM	_____
Finals-1	40 Boys 13-14 200 Medley Relay	8	1u	05:37 PM	_____
Finals-1	41 Girls 11-12 200 Medley Relay	8	1u	05:43 PM	_____
Finals-1	42 Boys 11-12 200 Medley Relay	8	1u	05:47 PM	_____
Finals	43 Girls 13-14 200 Butterfly	16	2u	05:51 PM	_____
Finals	44 Boys 13-14 200 Butterfly	16	2u	05:59 PM	_____
Finals	45 Girls 11-12 200 Butterfly	16	2u	06:06 PM	_____
Finals	46 Boys 11-12 200 Butterfly	16	2u	06:14 PM	_____
Finals	47 Girls 13-14 50 Freestyle	16	2u	06:22 PM	_____
Finals	48 Boys 13-14 50 Freestyle	16	2u	06:25 PM	_____
Finals	49 Girls 11-12 50 Freestyle	16	2u	06:29 PM	_____
Finals	50 Boys 11-12 50 Freestyle	16	2u	06:32 PM	_____
Finals	51 Girls 13-14 200 Breaststroke	16	2u	06:36 PM	_____
Finals	52 Boys 13-14 200 Breaststroke	16	2u	06:44 PM	_____
Finals	53 Girls 11-12 100 Breaststroke	16	2u	06:52 PM	_____
Finals	54 Boys 11-12 100 Breaststroke	16	2u	06:57 PM	_____
Finals	55 Girls 13-14 100 Backstroke	16	2u	07:03 PM	_____
Finals	56 Boys 13-14 100 Backstroke	16	2u	07:08 PM	_____
Finals	57 Girls 11-12 50 Backstroke	16	2u	07:13 PM	_____
Finals	58 Boys 11-12 50 Backstroke	16	2u	07:17 PM	_____
Finals	59 Girls 13-14 400 Freestyle	16	2u	07:21 PM	_____
Finals	60 Boys 13-14 400 Freestyle	16	2u	07:33 PM	_____
Finals	61 Girls 11-12 200 IM	16	2u	07:45 PM	_____
Finals	62 Boys 11-12 200 IM	16	2u	07:52 PM	_____
Finals-1	63 Girls 13-14 200 Freestyle Relay	8	1u	08:00 PM	_____
Finals-1	64 Boys 13-14 200 Freestyle Relay	8	1u	08:04 PM	_____
Finals-1	65 Girls 11-12 200 Freestyle Relay	8	1u	08:07 PM	_____
Finals-1	66 Boys 11-12 200 Freestyle Relay	8	1u	08:10 PM	_____
	Swimmers Counts for Warm-ups: 197	=====	=====		
	Entry / Heat Totals:	384	48		
	Finish Time			08:14 PM	_____

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 8 Sunday Preliminaries 11-14

Day of Meet: 4 Starts at 08:20 AM Heat Interval: -15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	77 Girls 11-12 200 Breaststroke	36	5u	08:20 AM
Prelims	78 Boys 11-12 200 Breaststroke	15	2u	08:35 AM
Prelims	79 Girls 13-14 200 Backstroke	45	6u	08:41 AM
Prelims	80 Boys 13-14 200 Backstroke	40	5u	08:56 AM
Prelims	81 Girls 11-12 100 Backstroke	35	5u	09:08 AM
Prelims	82 Boys 11-12 100 Backstroke	31	4u	09:15 AM
Prelims	83 Girls 13-14 100 Freestyle	57	8u	09:20 AM
Prelims	84 Boys 13-14 100 Freestyle	39	5u	09:26 AM
Prelims	85 Girls 11-12 100 Freestyle	42	6u	09:30 AM
Prelims	86 Boys 11-12 100 Freestyle	29	4u	09:35 AM
Prelims	87 Girls 13-14 200 IM	56	7u	09:39 AM
Prelims	88 Boys 13-14 200 IM	68	9u	09:55 AM
Prelims	89 Girls 11-12 50 Butterfly	43	6u	10:15 AM
Prelims	90 Boys 11-12 50 Butterfly	36	5u	10:17 AM
Finals	91 Girls 13-14 400 Freestyle Relay	17	3u	10:19 AM
Finals	92 Boys 13-14 400 Freestyle Relay	17	3u	10:32 AM
Finals	93 Girls 11-12 400 Freestyle Relay	16	2u	10:44 AM
Finals	94 Boys 11-12 400 Freestyle Relay	13	2u	10:53 AM
	Swimmers Counts for Warm-ups: 315	=====	=====	
	Entry / Heat Totals:	635	87	
	Finish Time			11:02 AM

Session: 9 Sunday 10&Under Timed Finals

Day of Meet: 4 Starts at 12:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	97 Girls 10 & Under 100 Backstroke	39	5u	12:05 PM
Finals	98 Boys 10 & Under 100 Backstroke	28	4u	12:16 PM
	Break: 10 Minutes:			
Finals	99 Girls 10 & Under 100 Freestyle	38	5u	12:35 PM
Finals	100 Boys 10 & Under 100 Freestyle	32	4u	12:44 PM
	Break: 10 Minutes:			
Finals	101 Girls 10 & Under 50 Butterfly	35	5u	01:01 PM
Finals	102 Boys 10 & Under 50 Butterfly	27	4u	01:07 PM
	Break: 10 Minutes:			
Finals	103 Girls 10 & Under 400 Freestyle Relay	13	2u	01:21 PM
Finals	104 Boys 10 & Under 400 Freestyle Relay	9	2u	01:34 PM
	Swimmers Counts for Warm-ups: 95	=====	=====	
	Entry / Heat Totals:	221	31	
	Finish Time			01:47 PM

2015 VSI LC AG Champs- CAC - 7/23/2015 to 7/26/2015**Session Report**

Session: 10 Sunday 13/14 800 Free

Day of Meet: 4 Starts at 02:20 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	95 Girls 11-14 800 Freestyle	45	6u	02:20 PM _____
Finals	96 Boys 11-14 800 Freestyle	42	6u	03:34 PM _____
	Swimmers Counts for Warm-ups: 87	=====	=====	
	Entry / Heat Totals:	87	12	
	Finish Time			04:52 PM _____

Session: 11 Sunday Finals 11-14

Day of Meet: 4 Starts at 05:30 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	77 Girls 11-12 200 Breaststroke	16	2u	05:30 PM _____
Finals	78 Boys 11-12 200 Breaststroke	15	2u	05:39 PM _____
Finals	79 Girls 13-14 200 Backstroke	16	2u	05:48 PM _____
Finals	80 Boys 13-14 200 Backstroke	16	2u	05:56 PM _____
Finals	81 Girls 11-12 100 Backstroke	16	2u	06:03 PM _____
Finals	82 Boys 11-12 100 Backstroke	16	2u	06:09 PM _____
Finals	83 Girls 13-14 100 Freestyle	16	2u	06:14 PM _____
Finals	84 Boys 13-14 100 Freestyle	16	2u	06:19 PM _____
Finals	85 Girls 11-12 100 Freestyle	16	2u	06:23 PM _____
Finals	86 Boys 11-12 100 Freestyle	16	2u	06:28 PM _____
Finals	87 Girls 13-14 200 IM	16	2u	06:33 PM _____
Finals	88 Boys 13-14 200 IM	16	2u	06:40 PM _____
Finals	89 Girls 11-12 50 Butterfly	16	2u	06:47 PM _____
Finals	90 Boys 11-12 50 Butterfly	16	2u	06:51 PM _____
	Swimmers Counts for Warm-ups: 155	=====	=====	
	Entry / Heat Totals:	223	28	
	Finish Time			06:55 PM _____